

# Troop 564 Outdoor Essentials Kit Check List

## Boy Scout Required Items

Packed	Item
	Pocketknife and Totin' Chip <i>Pocketknife cannot be carried without a Troop 564 issued Totin' Chip.</i>
	Personal first-aid kit <i>See the Boy Scout Handbook for required contents.</i>
	Extra clothing <i>Socks, shirt, pants, jacket.</i>
	Rain gear <i>Strongly recommend to have more than an emergency poncho.</i>
	Water bottle- Nalgene wide-mouth <i>You should always carry 2 water bottles.</i>
	Flashlight You should always carry extra batteries.
	Trail food <i>1-2 pieces hard candy is sufficient for your standard essential kit. Additional trail food may be appropriate when taking a longer hike. Be careful not to keep messy food or too much trail food that will attract animals.</i>
	Matches, fire starters and Firem'N Chit <i>Matches and fire starters cannot be carried without a Troop 564 issued Firem'N Chit.</i>
	Sun protection
	Map and compass <i>Silva Scout or Polaris compass recommended.</i>

## Troop 564 Required Items

Packed	Item
	Whistle
	Dental floss
	Signal mirror
	Lip moisturizer
	Insect repellent
	Toilet paper
	Pencil (2)
	Notepad, small
	Watch/timepiece
	Leather work gloves
	50' of paracord
	3' strip of duct tape wrapped around a pencil.

## Items Not Allowed at ANY Scout Activity or Scout Meeting

Left Home	Item
	Cell Phones <i>Cell phones are allowed if the Scout is following Troop 564s Technology policy.</i>
	All Toys
	All Pets
	All inappropriate clothing for a Scout activity or meeting. Absolutely no alcohol, tobacco, or substance logos.
	Anything else of which the Scoutmaster may disapprove. If you are not sure, ask!

# Troop 564 Packing Check List for Campouts

## Required Clothing

Packed	Item (☀ = Summer ☁ = Winter)
Wear when leaving	☀ ☁ Class A uniform <i>No neckerchief, tie slide, or bead thongs unless directed</i>
	☀ ☁ Class B shirt(s)
	☀ ☁ Shirt, T-shirt or short sleeved
	☁ Shirt, long sleeved & turtlenecks
	☀ ☁ Pants, long
	☀ Shorts
	☀ Swimsuit
	☁ Pants, wool or wool blend
	☁ Pants, ski or waterproof
	☀ ☁ Underwear
	☁ Thermal underwear <i>1-2 pair per day, Polypropylene or other non-cotton fabric</i>
	☀ ☁ Pajamas/warm sleeping clothes
	☀ Socks <i>1-2 pair per day, Synthetic socks or sock liners recommended</i>
	☁ Socks, wool/synthetic <i>2-3 pair per day</i>
	☀ ☁ Sweatshirt
	☀ ☁ Sweater, wool
	☀ ☁ Jacket
	☁ Heavy coat with a hood
	☁ Stocking cap (2)
	☀ ☁ Cap or hat with wide brim
	☁ Mittens & gloves (2-3 pair)
	☁ Warm sleeping clothing
	☀ ☁ Hiking boots (water resistant) <b>(NO sneakers or tennis shoes)</b>
	☀ ☁ Extra boots/shoes
	☁ Snow boots <i>2 pair, waterproof, removable liners recommended</i>

**\*\* Cotton clothing is not recommended for winter camping. Clothing for winter camping should be made of wool or a warm synthetic fabric.**

## Required Personal Gear

Packed	Item (☀ = Summer ☁ = Winter)
	☀ ☁ ALL Essential Kit items from Troop 564 Outdoor Essential Kit Check List
	☀ Sleeping bag (20-40° rating)
	☁ Sleeping bag (-20° rating) <i>You can build up summer sleeping bag to -20° rating by adding bag liner or multiple bags.</i>
	☀ ☁ Personal mess kit (for high adventure only) <i>Plate, bowl, knife, spoon, fork</i>
	☀ ☁ Sleeping ground pad
	☀ ☁ Insulated Coffee Mug
	☀ ☁ Scout Handbook
	☀ ☁ Medications
	☀ ☁ Deodorant
	☀ ☁ Toothbrush and toothpaste
	☀ ☁ Soap, washcloth, and small towel
	☀ ☁ Comb
	☀ ☁ Sunglasses

## Optional Items

Packed	Item (☀ = Summer ☁ = Winter)
	☀ ☁ Campfire ashes
	☀ ☁ Sunglasses
	☀ ☁ Ear plugs
	☀ ☁ Scout Fieldbook
	☀ ☁ Plastic trash bag
	☀ ☁ Small musical instrument
	☀ ☁ Scout stave (walking stick)
	☀ ☁ Song and skit book
	☀ ☁ Bible or prayer book
	☀ ☁ Repair (sewing) kit
	☀ ☁ Playing cards
	☀ ☁ Camera and film
	☀ ☁ Plant and animal ID books

# Troop 564 Packing Check List for Long Term

## Required Long Term Camp Items

Packed	Item
	ALL Essential Kit items from Troop 564 Outdoor Essential Kit Check List
	ALL Summer items from Troop 564 Packing Check List for Campouts
	Cot (X-frame only. Large enough to slide foot locker underneath)
	Pillow
	Swimsuit
	Towel for shower/pool
	Shoes for shower/pool
	Extra pencils (3-4 minimum)
	Pencil sharpener
	Notebook, large
	Merit badge books <i>Check out from Troop 564 Library</i>
	Merit badge blue cards
	Money for merit badge kits
	Foot locker or trunk
	Lock (combination or key with 2 keys)
	Extra water bottles
	Extra flashlight
	Extra flashlight batteries
	Rain gear <i>A real raincoat is required. A plastic emergency poncho is not acceptable.</i>

## Optional Long Term Camp Items

Packed	Item
	ALL Optional items from Troop 564 Packing Check List for Campouts
	Day Pack <i>Needed for Wilderness Survival Merit Badge and other hiking opportunities</i>
	Chair
	Fishing pole & equipment
	Order of Arrow sash
	Money for snacks (\$1-2 per day)
	Money for souvenirs
	Small crafts to work on during camp <i>They can also be purchased at camp trading post.</i>
	Book(s)
	Football
	Frisbee
	Soccer ball
	Baseball mitt and ball

Sandals and other open toed shoes are not permitted except for shower/pool shoes. Scouts must have a minimum of 2 pair of hiking boots or other appropriate shoes to wear at camp.